

## Straight Waltz

Music: Waltz  $\frac{3}{4}$  time

Tempo: 108 Metronome

**Hold:** Man on left side of Lady, left arms extended to the left, left hand to left hand. Man's right arm extended around and across Lady's back meeting her right hand at the side of her waist.

### Opening Steps

The opening steps are skated in Dance Position as indicated under **Hold**. Gentleman on left of Lady, a LOF 3 Beat edge Facing the Barrier, followed with a ROF 3 Beat Edge, aiming toward the center, etc. Four Opening Steps are used before the start of the dance, as follows: LOF, ROF, LOF and ROF, all 3 beat edges.

### Corner Steps

**Count 1 and 2:** A Left Outside Forward (LOF) 2 beat edge which is stroked on count 1 of the music and aimed toward the barrier. Take-off is close (alongside) and parallel, body lean into circle, right free foot leaves the surface naturally and gracefully as the left skates away from the right, then free foot is brought forward to and parallel (alongside) of left skate in preparation for count 3 of the music.

**Count 3:** A Right Inside Forward (RIF) 1 beat Chasse', stroked on count 3 of the music and aimed toward the barrier. All weight shifts from left to right skate, left free foot lifted off surface approximately  $\frac{1}{2}$  inch and held along side during the entire 1 beat edge. All the 1 beat Inside Edges on the Corner and Straightaway are Chasse' executions, this is the Inside 1 beat edge which follows the Outside 2 beat edge. The appearance of a correctly executed Chasse' shows complete motion stop of all parts of the body. Motion again begins as the Outside Forward 3 beat edge is stroked.

**Count 4, 5 and 6:** A Left Outside Forward (LOF) 3 beat edge which is stroked on count 1 of the music and aimed toward the barrier. Take-off is close (alongside) and parallel, body lean into circle, right free foot leaves the surface naturally and gracefully as the left skates away from the right, then right free foot is brought forward to and parallel (alongside) of left skate in preparation for the next bar, count 1 of the music.

**Count 1, 2 and 3:** A Right Inside Forward (RIF) 3 beat edge, stroked on count 1 of the Music and aimed toward the barrier. Take-off is close (alongside) and parallel. Do not cross over.

Repeat the preceding steps (LOF, RIF, LOF) followed with a RIF 3 beat edge until straightaway has been reached.

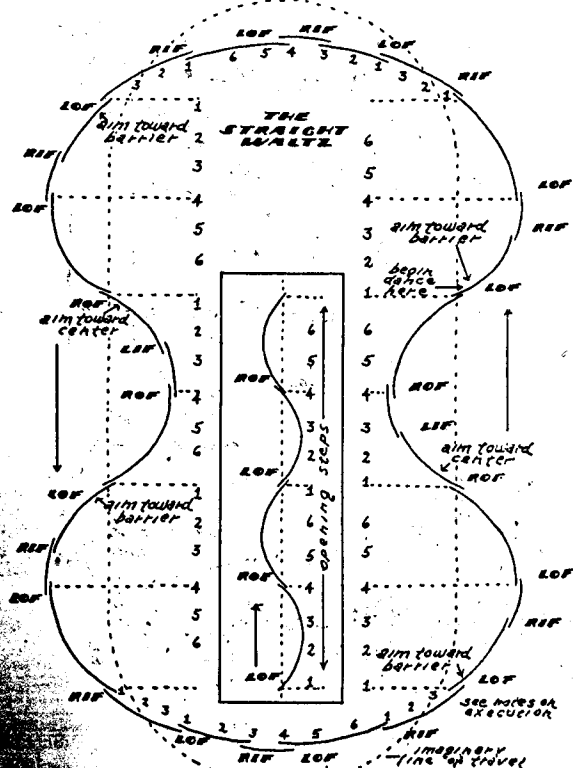
The number of Right Inside Forward (RIF) 3 beat edges to be executed on the corners in the Straight Waltz depends a great deal on the width of the skating surface. The Straight Waltz Diagram as listed herein has been patterned for larger widths. The number of RIF 3 beat edges should be planned so that when you stroke the first LOF 2 beat edge (this is the first barrier sequence or lobe coming out of the corner) that aim is toward the side barrier of rink.

### Straightaway Steps

**Count 1 and 2:** A Left Outside Forward (LOF) 2 beat edge, stroked on count 1 of the music and aimed toward the barrier. Same execution as corner.

**Count 3:** A Right Inside Forward (RIF) 1 beat Chasse', stroked on count 3 of the music and aimed toward the barrier. Same as the corner execution.

**Count 4, 5 and 6:** A Left Outside Forward (LOF) 3 beat edge, stroked on count 4 of the music, aimed toward the barrier (see diagram for the degree of aim). Same execution as the corner for one exception, the Rock-Over, a preparatory change of body lean for alternate Center lobe sequence, ROF, LIF and ROF. We are now in position to stroke the alternate steps on count 1, 2, 3, 4, 5 and 6, which are executed in the same manner as preceding steps of straightaway, but on opposite feet and aiming in the opposite direction. See diagram for correct aiming and pattern.



## 120 Waltz

By JEAN VAN HORN

Music: Waltz  $\frac{3}{4}$  Time

Tempo: 120 Metronome

**Hold:** Thumb Pivot Hold. Partners face in the same direction, man on left side of lady. Lady's left arm is extended across front of his chest placing her left hand (palm down) on the top of man's left hand inserting her left thumb between man's left thumb and palm. Man's right arm extends across lady's back placing his left hand (palm in) on her right hip. Lady places her right hand, on the top of man's right hand, inserting her thumb between man's right thumb and palm.

**Start:** Man on left of lady.

**Step No. 4:** During this edge man moves to directly behind lady (tandem position) and remains in tandem position through Step No. 5 and the first three beats of Step No. 6.

**Step No. 6:** Man stays in tandem position for the first 3 beats (LOF edge), changes to right of Lady on the second 3 beats (LIF edge). When changing to LIF edge, free legs swing to the front. At this point the right arms are extended. Man stays on right of Lady until Step No. 12.

**Step No. 11:** During this edge (a ROF-XF 1 beat edge) Man draws Lady's right extended arm up near her waist in preparation for Step No. 12.

**Step No. 12:** a RLOF-XB, 3 beat edge: During this edge, man draws lady from his left to his right side. The change-of-edge occurs as right free foot (which is being brought front to back) arrives in back in preparation for Step No. 13, a RIF-XB edge. At this point partners are back in the original position, left arms extended, which is held through the remainder of the dance.

Step No.	Beats	Edge
1	6	ROF—Swing
2	2	LOF
3	1	RIF—Chasse'
4	2	LOF
5	1	RIF—Run
6	6	LOF
7	3	RIF
8	2	LOF
9	1	RIF—Run
10	5	LOF—Swing
11	1	ROF—XF
12	3	LLOF—XB
13	3	RIF—XB
14	3	LOF
15	2	ROF—XF
16	1	LIF—Chasse'

